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April, May, June
2024



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LAST ISSUE WINNER: Jeremy Gould, BLINK FITNESS
Must be submitted by: June 1, 2024

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The Greater Liverpool Chamber of Commerce Newsletter is designed and produced by the staff of the Chamber. Printing is provided by Minuteman Press.

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Greater Liverpool Chamber of Commerce Board of Directors 2024



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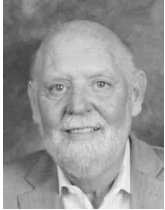
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OneGroup of NY, Inc.
315-413-4492
rhart@onegroup.com

The Board of directors
meets the 4th Thursday
of the Month



Lucretia Hudzinski
Membership & Fundraising Director
315-457-3895
chamber@liverpoolchamber.com

Past Presidents:

- Ken Maag
- Dr. Tom Conley
- Julie Witty
- Christine Morrisey
- Dennis Hebert
- Tamara Crowley
- George Powers



Kelly Evans
Bookkeeper
Liverpool Chamber of Commerce
314 Second Street, Liverpool, NY 13088



A Celebration of Volunteers

Lunch Connection

Tuesday April 16

**Liverpool United Methodist
Church**

Catered by PB & J



**Lunch Connection
Tuesday May 21
The Hearth at Greenpoint**

**11:30 Networking
Noon Lunch
seating limited**

**Lunch Connection
Tuesday June 11
this is not an error
we had to move the
week**



Beaver Lake-

You will have free admission—Limp Lizard Catering -Plan to come early or stay later to enjoy the area. Places to walk, boat etc.



Coffee and Friends

Barb Stone

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Jim McEntire

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their desired Outcomes.



Coffee Hour with Friends 1st Tuesdays at 8 am on Zoom

Why you should attend zoom and in Person Meetings

- Allows us to be better connectors
 - Builds reputation, trust and credibility
 - Every event is a new opportunity to meet new customers.
 - Show those who attend that you care about their success
- The group is your sales team Email : james.r.mcentire@gmail.com

Coffee and Friends Presentations: Could this be you?

ZOOM 8 am May 7

May—Hope for Bereaved

**** 2nd Tuesday of the month is In Person at 8:30 am****

April Hope Cafe

May Erin's Angels

June there is a lunch instead Beaver Lake

**June July August we will have no zoom but meet at
Parks watch your email or ck the events page of the web-
site**



April 30 Tuesday

5 pm to 7

Drop in have a drink and a snack and network

8045 Oswego Road, Liverpool



Ribbon Cutting at Sharon Reiki Sound which moved into the old Maico spot

Onondaga Physical Therapy





**Want to Celebrate a New Location?
Want to Celebrate New Ownership?
Want to Celebrate a Milestone?
Call the Liverpool Chamber.
We want to celebrate with you.**



April 24 ,10 am ,

Encore Youth Productions, At American High (Syracuse Studios), 800 Fourth Street, Liverpool



**May 7
1 pm
SFCU
New location in
Cicero**



Last year Business of the Year Karate John's came out to greet this year's business of the year.



Ramblings from Your President:

Bill Pastella

Hey there Chamber members.

I thought I would take the next couple columns to highlight some of the many local businesses who are Chamber members. Being a Chamber of Commerce member demonstrates a strong commitment to the community and we all should make it a point to visit fellow Chamber members whenever possible.

We'll start with our Restaurants which I'm happy to say I've enjoyed them all.

If you're looking for a place to watch a game, or have a great meal and libations look no further than Home Team Pub and Sharkey's. Awesome protein shakes at Nutrition Fix are not to be missed and if you love great BBQ, as I do, look no further than Limp Lizard. Some of the best Thai food you'll find anywhere is at Thai Village and for breakfast and lunch stop at Rosie's Trackside Diner, and bring your appetite.

Outback Steakhouse and Chick-Fil-A are always great as is the Spaghetti Warehouse, one of our newest members. And Hope Café, former Chamber Business of the Year, is a special place you have to visit. Amore Pizza and PBJ's Lunchbox are real friends of the Chamber and their food is top notch. The Wood will surprise you with how good their food is and if you haven't checked out Bagelicious you're missing out. Oh, and the world's greatest hot dogs at Heids (ice cream too!). Have you tried the fish at Bayberry Fish Cove? So good.

I'm getting hungry just writing this.

All the addresses for these fine establishments can be found on the Chamber website or in your directory.

See ya around Liverpool

from Bill Pastella

'til next time

Thank you

BUSINESS *of the month*

The ARM Committee Team meet once a month to determine the nomination of the Business of the month. Votes are

given for nomination to businesses that are; current on their dues, involved in the chamber and cares for the community.

Nominees are asked to share on Facebook, to their email list, twitter and in any other way to get the community to vote.

.Winners receive a business card ad in the Eagle Newspaper, a Facebook live and photo for the newsletter Then each monthly winner will be entered into the Nomination (in January) for Business of the Year.





Ribbon Cutting Bayberry Uniform meet the new owner! Abel Ramirez.



Business Before Hours at Two Salty Lemons.

Ribbon Cutting at Jordon Maxwell , Chiropractic





LIVERPOOL is the PLACE

Free Concerts 7:00 p.m. at Johnson Park
May 27th – Aug. 14th, 2024
315-457-3895 email: litpconcerts@gmail.com
website: www.Liverpoolistheplace.com
Sub-committee of Liverpool Chamber of Commerce



Date

Band

Genre

{Sponsors}

- Mon. May 27: OFF THE GROUND - MEMORIAL DAY 12 - 2PM- Classic Rock {Nichols Supermarket}**
- Mon. June 3: YOLANDA BUSH & THE COOLWATER COLLECTIVE-Blues & Jazz {Available}**
- Wed. June 5: CHUCK SCHIELE'S QUATRO- Americana {Aetna}**
- Mon. June 10: THE FAB CATS- British Invasion {NBT Bank}**
- Wed. June 12: BORN TO RUN- Springsteen Tribute {Greater Liverpool Chamber of Commerce}**
- Mon. June 17: THE BABY BOOMERS- 60s & 70s {Rosie's Trackside Diner}**
- Wed. June 19: THE JESS NOVAK BAND- Pop & Rock {Available}**
- Mon. June 24: POWER OF TWO+3- Harmonious 70s Vibes {Syracuse Hearing Solutions}**
- Wed. June 26: SOUL MINE- Dance Funk and R & B {Available }**
- Mon. July 1: LIVERPOOL COMMUNITY BAND- Patriotic tunes - "Share the Music" Instrument Dr. {Steve Pierce Family}+{Liverpool Chiropractic & Wellness}**
- Wed. July 3: THE MONTERAYS- Old Time Rock & Roll {Available }**
- Mon. July 8: THE CASSIDY LYNN BAND- Nashville Recording Country Artist {Available }**
- Wed. July 10: MARK MACRI + THE FUNK JUNKIES- Funk & Blues {Available }**
- Mon. July 15: THE ARCADE- 80s Tribute {Sterling Financial Group}**
- Wed. July 17: LETIZIA & THE Z BAND- Dance Band {Hope For Heather}**
- Mon. July 22: LOREN BARRIGAR- Fingerstyle Guitarist {Hearing Life}**
- Wed. July 24: TWO FEET SHORT- Folk & Oldies - John Denver Food Drive {Available }**
- Mon. July 29: LOS BLANCOS- Roots & Blues {Greater Liverpool Chamber of Commerce}**
- Wed. July 31: THE BOBCATS- Folk Rock {Charles Heating, Air, Plumbing, & Electric}**
- Mon. Aug. 5: THE STRANGERS- Oldies {Available}**
- Wed. Aug. 7: THE CUSTOM TAYLOR BAND- Country {Assemblywoman Pam Hunter}**
- Mon. Aug. 12: THE HORN DOGS- Classic Rock {Available }**
- Wed. Aug. 14: ATLAS- Party Dance Band {Assemblywoman Pam Hunter}**

June Sponsor



July Sponsor



August Sponsor



Schedule Sponsor



State of the Arts



NYSCA

Liverpool First United Methodist Church

We need volunteers to help at the concession stand-arrive at 6 and finish before 9 . Pick a band and email chamber@liverpoolchamber.com.

Your business if you volunteer will get a shout out. 4 to 5 volunteer a night.



April is:

Volunteer Appreciation Month

Did you know that there 32 Clubs, organizations and Community services that are members of the chamber. Give them a call and see how you can help

National financial Literacy Month

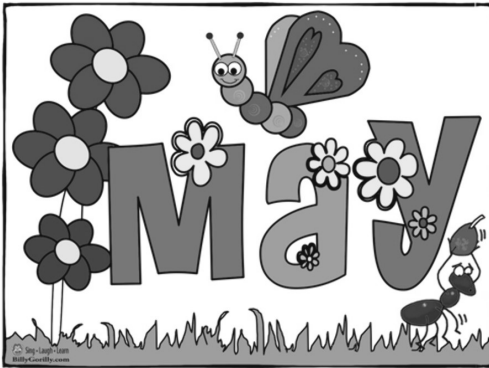
Check out the members who can provide you information or consultation about Financial Literacy

Decorating Month-M Graham

home Interiors she is can help you with your home décor.

Lawn and Garden month-

Give a cheer for our Liverpool community gardeners. They can use your help to maintain the beauty in Liverpool



May Is:

Health and Fitness-There are over 20 members who are Medical practitioners or who advice a Healthy way of Life or are Fitness programs.

Dental Care- Michael Romano and Smiles by Design.

Photography-East Coast Photography, Capture the Moment and CNY Headshots and Inspire Prints.

Older Americans- Too many to mention but if you call Nancy Aurelli at Community Living Advocates she and her members can help you. Don't miss the May 29 Senior Expo at the F Shed.

Get Caught Reading-Have you a library card at the Liverpool Public Library



June is:

Great Outdoors Month– Did you know?

Town of Salina has 8 parks, Town of Clay has 7 parks and the Village of Liverpool has 2 major parks and multiple neighborhood parks.

Let's not forget Onondaga Lake Park.

Yes enjoy the Onondaga Lake Yacht Club.

Homeowners Month– check out our 8 Real Estate Agent members, They are the best.

Candy Month– Speache's Family Candy here We come.



261 Running Club-Ribbon Cutting in Johnson Park



3rd place for Business of the Year is Staff Leasing.

2nd place for business of the year is Safe Harbor Wills and Trusts.

CONGRATULATIONS !





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Mark Hayes
Syracuse, NY
Orange United's mission is to support and empower Syracuse student-athletes, providing them with the tools and resources needed to excel during their time at the university and beyond.

Community Services

HOPE for Bereaved

hopeforbereaved.com
kocampo@hopeforbereaved.com
315-475-4673
Kelly Ocampo
4500 Onondaga Blvd
Syracuse NY 13219
HOPE for Bereaved, Inc. provides support groups, peer counseling, and resources at no charge to grieving Central New York youth, adults, families, and businesses.

Cyber Security

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Craig Peterson
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Liverpool, NY 13088

Health & Wellness

Healing House Syracuse
healing-house-syracuse.abmp.com/
healinghouseklc@gmail.com

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zach@mccabeservices.com
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Liverpool, NY 13088
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CNY Headshots by GTO Photo
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gregg@gtophoto.com

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Gregg Ordon

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Liverpool, NY 13088

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onondagapt.com

agardner@onondagapt.com

315-635-5000

Ashley Gardner

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Cicero NY 13039

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markproductsltd.com

rlouise@markproductsltd.com

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Manlius, NY 13104

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silverfoxseniors.org

linda@silverfoxseniors.org

315-635-5335

Linda Johnstone

22 E Genesee Street

Baldwinsville, NY 13027

As an alternative to assisted living, our goal is to support our members in a communal environment while providing care partners with much needed respite.

Therapist

Insightful Therapy LCSW, LLC

insightfultherapyllc.org

hello@insightfultherapyllc.org

315-217-1144

Jenna Crider / Kate Jewell

135 Old Cove Road, Ste. 208

Liverpool, NY 13090

We are a mental health group practice and have clinicians with varying backgrounds able to assist clients with their trauma work, symptoms of depression, anxiety, or even relationships, life transitions and more.

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M E M B E R S M A K I N G M O V E S

This section helps members feature their exciting news!



SOLVAY BANK

Congratulations to Solvay Bank for their four new hires: Douglas Crego, Lydia Coker, Ronnie Marston, and Sabrina Smith.

Congratulations to Pam Burnet as Community Bank's new Director of Community and Corporate Relations.

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Community BANK

Congratulations to Pierre Morrisseau, CEO of OneGroup for being selected as the 47th recipient of the Central New York Sales & Marketing Executives annual Crystal Ball Award.

An enduring symbol of the organization's mission, the prestigious Crystal Ball is awarded annually by CNY S M E to a local businessperson or group of businesspeople in recognition of their contributions to the sales and marketing profession and for their endeavors in the areas of community development and support.



Congratulations to Jackie Flint, Volunteer for Erin's Angel's of CNY, for receiving the CNYBJ 2024 Nonprofit Award of *Volunteer of the Year* !

CNYSME

sales & marketing executives



Congratulations to Sheila Dion, Founder of Erin's Angel's of CNY, for being chosen to represent the American Heart Association's "Women of Impact" campaign!

ARM Team: Meets once a month at 8 am First Thursday of the Month. This team deals with membership, Ambassadors, retention, recognition, awards, greeting members at networking events and orientating new members. Anita Leitgeb from the Salvation Army is our TEAM Leader.

VOLUNTEER



If you would like to be put on our Ambassador roster for grand openings, anniversary events and more, call the chamber. If you know of a business that would benefit from an Ambassadors presentation, please share it with the ARM Team! Involvement with our new Ambassadors team is a great way to network with fellow Chamber members as well as gain valuable exposure with area businesses. Help us spread the good word about all the positive things happening in our Liverpool Area Business community!



Ambassadors-Help to pass out Mint packages to new members, Ribbon Cuttings attendance and help with photography and collecting business cards, Take prospect literature to New businesses. Your time is set by you.

- **The Marketing Team** serves as a THINK TANK to assist the Executive Director, the board of Directors, and the other teams in promoting events and activities sponsored by the Chamber. The Marketing team provides enhanced opportunities for communication and connection, business to business and business to community.



- The strategy includes promoting awareness via internet, print, broadcast and social media.
- Marketing will help with exposure to obtain market expansion and to build customer loyalty.
- Provide material for the Newsletter and Facebook.

Robert Just, .from Main Street Wealth Management.

The Golf Committee recruits sponsors, golfers,

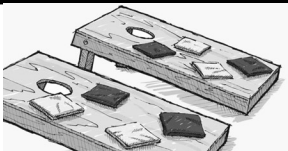


starts to meet in January and raffle items and volunteer .

It is a great way to meet and get them involved in the chamber and exchange business information.

other businesses in the chamber and exchange business information.

January to July



Volunteers needed to help with getting teams, sponsors, prizes, raffles and the day of the Corn-hole Tournament. October to January



Build Your Path LLC
Barbara Stone

Welcome Back!

I recently returned from a week of bread baking at King Arthur Flour in Vermont, and I can't help but draw parallels between the kitchen and our everyday lives.

Baking, like so much else, is about relationships.

With our ingredients, with our intuition, and yes, even with the dough itself. I had to sense what my dough needed, just like we sense what's needed in our relationships with people, work, and the world around us.

That simple word, "knead", also took on a new meaning. We knead our dough to understand its needs, and isn't that what we do in our lives?

We're also always **searching for our tribe**, the ones who support us. In the kitchen, it's the sturdy board beneath my hands or the dusting of flour that keeps things moving. Think about the things that form your own tribe – the people and the resources that support you.

And of course, baking is a **lesson in continuous learning**. We learn from our successes and from the loaves that, well, maybe don't rise quite as we hoped. Life, in the end, is a lot like that, isn't it?

Wishing you the best,
Barb

2024 Calendar

Calendar of events is subject to change and new events may be added. Check the date on our website.

New Member showcase:

July 10 8:30 am Wednesday at Town Place on Route 31
October 9 5 pm Wednesday Place TBA

Coffee and Friends:

1st Tuesday of the Month is on Zoom June, July and August we will meet in a local Park
2nd Tuesday of the Month is at 8:30 am at a local member business.

Lunch Connection

3rd Tuesday of the Month 11:30 am except June which is June 11 July and August there is none

After Hours

5th Tuesdays of the Month a 5 pm

Golf Tournament

July 19 at Hickory Hill Golf Course

Auction Held online.

March 29-April 14

Cornhole Tournament 2025

January 22 ? 5 pm Sharkey's

Small Business Week

April 28 – May 4

50th Anniversary Celebration

January 2025



Coffee and Friends-Speed networking at the Hampton Inn.

Ribbon Cuttings and Milestone events are scheduled with the chamber at least two weeks in advance.

What is Habitat, and What is Not

By: Rebecca Battoe

Email: Questions at: gardenersofiverpool2017@gmail.com

What do you think of when you hear the word, garden?

Do you envision manicured lawns and symmetrical rows of trees and shrubs with “pretty” flowers?

This is a traditional garden that has been common for decades. On the other hand, a habitat garden is a sanctuary for birds, frogs, bats, insects and pollinators. Habitat gardening is a way to deliberately plant native plants mostly, that can be a place for nesting, native seeds for birds, for Monarchs to lay eggs, form chrysalis, and eat milkweed.

In habitat gardening we are reinventing wild nature. We as a society, are new to habitat gardening. There is no one right way to do it. Habitat gardens do not use chemicals, pesticides, or herbicides. The way to plant a habitat garden is little by little, and by starting small. One way is to start to remove strips of lawn to create a native wildflower bed using healthy topsoil, manure and sand. These strips become a home and habitat to animals for food, shelter and to raise young. The benefits of habitat gardens are having the joy of watching birds and listening to bird song because habitat gardens will attract them. Another reason is that pollinators have a source of food, this will insure that our crops are pollinated which is necessary for their growth. Gardening is fun. We can watch the fireflies, which have all but disappeared. They will come back in wilder habitat gardens.

For more information:

Our Habitat Garden
ourhabitatgarden.org

The Living
Landscape, Doug
Tallamy



Quarter Chamber Award-4th Quarter

The Liverpool Chamber Board of Directors wanted to establish a quarterly award given by the Board. No member of the board can get this award.

Rookie of the quarter is given to someone who is new to the chamber and has jumped and volunteered for the chamber and also a valuable community volunteer.

Most Valuable Member is given to someone who has been in the chamber and has demonstrated a contribution to the chamber of time, talent and treasure. They are also a valuable community volunteer.



John Hunt, MCM our Most Valuable Member 4th Quarter 2023. For your valuable contributions to the Liverpool Chamber .

For being the cheerleader in promoting the chamber.

For your valuable contributions to the community.

For asking of the members and the chamber “how can I help”.



**Bridget McMahon
Hearing Aide Consultants**

Our Most valuable Rookie Member 4th Quarter 2023.

Bridget just jumped in attended multiple chamber events and not even a year old in the chamber. She contributed and volunteered for many chamber events including the Corn Hole.

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